



## WELLESEY COUNCIL ON AGING SENIOR LUNCH PROGRAM

### September 2018

The Wellesley Council on Aging and the Friends of the Wellesley Council on Aging are thrilled to partner with Express Gourmet of Wellesley (Tuesdays, Thursday, Fridays) and Wellesley Bakery (Mondays and Wednesdays) for our popular senior lunch program. Guests are charged \$4.00 per meal and must sign-up no later than 9:30 a.m. the day prior. Note: Guests under 60 are charged the full price of \$9.00. Lunch is served at 12:00pm. If you're no longer able to attend or will be running late, please alert our office. If we do not hear from you or you do not check in by 12:15pm on the day of lunch, your meal will be given to someone on the waitlist. Please inform COA Staff of any allergies at the time of registration. Please call the Wellesley COA with any questions at 781-235-3961.

MONDAY Wellesley Bakery	TUESDAY Express Gourmet	WEDNESDAY Wellesley Bakery	THURSDAY Express Gourmet	FRIDAY Express Gourmet
<u>September 3</u> <b>The COA is closed and the bus will not run. Labor Day!</b>	<u>September 4</u> Turkey Delight Potato Chips Chocolate Cookie	<u>September 5</u> Half Tuna Sandwich Vegetarian Split Pea Soup Mini Blueberry Muffin	<u>September 6</u> Pasta Primavera Cheesecake	<u>September 7</u> <b>Lunch and Learn on Emergency Preparedness</b>
<u>September 10</u> Half Turkey Sandwich Chicken Vegetable Soup Chocolate Chip Oatmeal Cookie	<u>September 11</u> Chicken Kabob Rice and Veggies Vanilla Ice Cream	<u>September 12</u> Chicken Pot Pie Garden Salad Chocolate Chip Cookie	<u>September 13</u> <b>Welcome Back Social</b> Chicken Caesar Salad Pita Bread Chocolate Chip Cookie	<u>September 14</u> Beef Stew over Rice Vanilla Pudding
<u>September 17</u> Quiche Lorraine Garden Salad Chocolate Chip Cookie	<u>September 18</u> American Chop Suey Cake	<u>September 19</u> Half Roasted Chicken Sandwich Vegetarian White Bean Soup Butterscotch Oatmeal Cookie	<u>September 20</u> Pulled Pork Cole Slaw Garlic Bread Corn Muffin	<u>September 21</u> Salmon over Rice and Vegetables Oatmeal Cookie
<u>September 24</u> Half Chicken Tarragon Sandwich Chicken Noodle Soup Mini Blueberry Muffin	<u>September 25</u> Chicken Broccoli Ziti Chocolate Cupcake	<u>September 26</u> Chicken Pot Pie Vegetarian Split Pea Soup Chocolate Chip Cookie	<u>September 27</u> Pulled Pork Garden Salad BBQ Chips	<u>September 28</u> Salmon over Rice and Veggies Chocolate Ice Cream

Special Thanks to the Friends of the Wellesley Council on Aging (FWCOA) for subsidizing this senior lunch program. For more information about FWCOA, visit their website: [www.wellesleyfriendscoa.com](http://www.wellesleyfriendscoa.com)





## **Free Friday Movies at the Wellesley Council on Aging**

**September 2018**

**Movies start at 1:15 p.m.**

**September 7:** **No Movie.** Lunch and Learn on Emergency Preparedness sponsored by the Health Department is today. For more information, please refer to page 5 of the newsletter.

**September 14:** **The Zookeeper's Wife (2017) 2hrs. 7mins. Movie Ends at 3:22**

The time is 1939 and the place is Poland, homeland of Antonina Zabinski and her husband, Dr. Jan Zabinski. The Warsaw Zoo flourishes under Jan's stewardship and Antonina's care. When their country is invaded by the Nazis, Jan and Antonina are forced to report to the Reich's newly appointed chief zoologist, Lutz Heck. The Zabinskis covertly begin working with the Resistance and put into action plans to save the lives of hundreds from what has become the Warsaw Ghetto.

**September 21:** **Goodbye Christopher Robin (2017) 1hr. 47mins. Movie Ends at 3:02pm**

After leaving London for the English countryside, writer A.A. Milne starts to spin fanciful yarns about his son's growing collection of stuffed animals. These stories form the basis for "Winnie-the-Pooh" and "The House at Pooh Corner," published respectively in 1926 and 1928. Milne and his family soon become swept up in the instant success of the books, while the enchanting tales bring hope and comfort to the rest of postwar England.

**September 28:** **Tulip Fever (2017) 1hr. 47mins. Movie Ends at 3:02pm**

Set against the backdrop of the 17th-century Tulip Wars, a married noblewoman (Alicia Vikander) has an affair with an artist (Dane DeHaan) and switches identities with her maid to escape the wealthy merchant she married. She and her lover try to raise money together by investing what little they have in the high-stakes tulip market.