

## Why participate in the Diabetes Care Rewards Program

We'll help you improve your health and reduce your risk of heart disease and stroke. And, you'll get \$0 copays on covered diabetes medications and supplies.

### How to get your \$0 copays



**Register on the *Good Health Gateway*® website at [GoodHealthGateway.com](http://GoodHealthGateway.com)**

Or, call our *Good Health Gateway* HelpLine at (800) 643-8028 Monday through Thursday 8:30 am - 6:00 pm and Friday 8:30 am - 5:00 pm EST.



**Submit a “Provider Confirmation Form” to verify completion of the required medical exams and lab tests listed below.**

Any of the exams/labs completed in the past year will count toward the requirement.

- Annual foot exam
- Annual eye exam
- Annual laboratory work-up of your fasting blood lipid levels
- Annual laboratory work-up of your urine/protein levels
- Laboratory work-up of your Hemoglobin A1c levels every 6 months



**Get \$0 copays on covered diabetes medications and supplies using your *Good Health Gateway Rx Rewards Card* at your local, in-network pharmacy or through *OPTUMRx*® Home Delivery when the program requirements are met.**

West Suburban Health Group is committed to helping you achieve your best health status. Rewards for participating in this wellness program are available to employees and their dependents on a West Suburban Health Group health plan who meet the program requirements. If your doctor determines you do not need one of the activities required in this program, they can simply indicate not needed beside that requirement, and you will receive credit for this requirement.

Participation in the program is voluntary and confidential. HIPAA privacy and security standards are used to ensure the protection of your healthcare information.

Helping  
members live  
healthy lives  
for nearly 10 years.



**800.643.8028**  
**GOODHEALTHGATEWAY.COM**

**Available to the following member employers of the West Suburban Health Group:**

- Accept Education Collaborative
- Dover Sherborn Regional School District

Town of:

- Dedham
- Dover
- Holliston
- Natick
- Needham
- Shrewsbury
- Wayland
- Wellesley
- Wrentham

**For employees and their covered dependents of the above employers insured through one of the following West Suburban Health Group sponsored health plans:**

Blue Cross Blue Shield of Massachusetts

Network Blue New England Benchmark Plan, Blue Cross HSA\* qualified health plan

Harvard Pilgrim Health Care

Choicenet Benchmark Plan, Harvard Pilgrim HSA\* qualified health plan

Tufts Health Plan

Benchmark Plan, Tufts HSA\* qualified health plan

Fallon

Select Care Benchmark Plan, Direct Care Benchmark Plan

**\*Some restrictions may apply. Please call our HelpLine at 800-643-8028 if you have questions.**

Participants on the Fallon HSA qualified health plan would not be eligible to receive \$0 copays through the Diabetes Care Rewards Program