



CORONAVIRUS BRIEFING: APRIL 2, 2020

THIS IS THE CENTRAL COMMUNICATIONS BRIEFING FOR THE ENTIRE TOWN OF WELLESLEY AND IS SHARED ACROSS ALL COMMUNICATIONS PLATFORMS

Here's what you need to know today.

Health Department COVID-19 Case Update.

Total confirmed cases in Massachusetts: 8,966 **New Cases Today:** 1,228

Total cases in Norfolk County: 938

Total cases in Wellesley: 20 (3 new today)

The Health Department continues to receive COVID-19 questions from residents. Please check the [Coronavirus Frequently Asked Questions](#) for information; this information is updated regularly. Questions may also be [submitted online](#).

Massachusetts Beaches Closed.

Governor Baker issued an emergency order to close all coastal beaches and parking areas managed by the Department of Conservation and Recreation on Friday, April 3 at 12 Noon. State beaches will remain open for activities such as walking, jogging, biking, and solitary fishing. Seasonal state parks will open early this year; visitors are reminded to keep physical and social distance when in parks.

RDF Hours and Event Changes.

The Recycling and Disposal Facility will not reopen on Sundays until further notice due to COVID-19 concerns. The RDF is also delaying paint recycling days which were to begin this weekend. The Hazardous Household Waste Day and Document Destruction Day (Shredding Day) are also suspended until further notice. RDF users are also urged to avoid lines and visit at non-peak times (Monday through Friday, 7 a.m. to 10 a.m.); maintain a physical distance of six feet from others; and keep RDF trips brief. [Read more here.](#)

Roche Bros. Message: Shop Solo.

Roche Bros. management is urging all shoppers to send just one family member into stores when possible. This will help limit the number of people in stores at a time and allow shoppers to maintain proper physical distance when in stores. Grocery store employees are working incredibly hard to provide essential services while keeping all residents and their own employees safe. Please be considerate.

RMV Extends Registration Deadline for 60 Days.

The Massachusetts Registry of Motor Vehicles has extended registration deadlines for 60 days. All passenger and dealer plate registrations that expired in March have been extended until May 31. Registrations that expire in April have been extended until June 30. A limited number of RMV locations remain open for appointment only services, no walk-ins. All services can be accessed online at [Mass.Gov/RMV](https://www.mass.gov/rmv).

Social Distancing at a Glance

This graphic provides specific examples of how to practice social and physical distancing.

What is social distancing?

Social distancing is our main strategy for slowing the spread of COVID-19. To practice effective social distancing, we all need to **physically** stay away from non-household members and avoid all gatherings. The Health Department advises that you **STAY HOME!** and perform daily activities remotely, if possible.

When you must go out: Stay at least six feet away from others and avoid physical contact. Don't touch your face. Wash your hands as soon as you return home.

DO's

Keep a daily routine

Work from home, participate remotely in workout classes, book clubs, or streaming activity options for kids. Visit Recreation pages at www.wellesley.ma.gov



Protect the most vulnerable

Create a plan for elderly relatives, parents, grandparents, or neighbors and inform them of the high risk and concerns about COVID-19. Try to obtain a 3 month supply of prescription medicine if possible.



Enjoy indoor activities

- Read a good book
- Listen to music
- Clean out a closet
- Cook or bake
- Have a game night
- Facetime with friends
- Stream a favorite tv show
- Phone a friend
- Check on an elderly neighbor



Go grocery shopping

Keep trips brief, don't panic or hoard food, and try to avoid busy hours.



Enjoy outdoor activities

Running, walking, biking, hiking, yard work, and other outdoor activities are fine. Follow Wellesley guidelines, be considerate of others and avoid ALL group or contact sports, including tennis, basketball, golf, etc. All dogs should be leashed when in public areas. For park information, go to the NRC website www.wellesley.ma.gov



Order take-out/food delivery

Make sure you are following public health guidelines and keep your distance when picking up food, or ask to have food left at your door. For take-out information, visit Support for Restaurants at www.wellesley.ma.gov. If you can, make your own food and eat at home.



DON'Ts

Stop playdates for children

No gatherings with anyone outside your household including sleepovers, birthday parties, picnics, etc. Have "virtual" dates instead!



Cancel all in-person meetings

You cannot have friends or family over for breakfast, lunch, dinner, drinks, or a party, or meet up in a parking lot, and you should not share food or drinks with others.



Reschedule non-essential doctors appointments

Do not go to the dentist, chiropractor, massage therapist, acupuncturist, etc. unless it is absolutely necessary at this time.



Postpone non-essential workers around your house

No workers or visitors should be allowed inside, outside, or around your house, including your neighbors! This means no house cleaning, landscaping, chefs, babysitters, dog walkers, etc. Please continue to pay these providers if you are able.



Postpone non-essential plans

No hair or nail appointments, or other services, no trips or travel plans.



Avoid congregating in public spaces

Non-essential businesses are closed to workers and the public. Don't park in closed or crowded parking lots. Avoid shared spaces such as Mass Transit systems, elevators, laundromats, etc. Please don't socialize when at the RDF - get in, get out. When walking or exercising outside, please keep moving!



Use common sense. Physical distancing can be difficult - these guidelines are temporary and can help you stay safe. **So, please maintain your distance!**

To learn more visit the COVID-19 Information Hub
www.wellesley.ma.gov/coronavirus
or call 781-235-0135

