



WELLESLEY RECREATION

Fall Programs 2020

Warren Building • 90 Washington Street • Wellesley, MA

781.235.2370 • wellesleyrec.org

Office hours: Monday - Friday 8:30am - 4:30pm

SOMETHING FOR EVERYONE @ WELLESLEY RECREATION

The Wellesley Recreation Department offers programs year round and publishes seasonal brochures for fall, winter & spring/summer programs. Registration is held four times a year.

All Recreation Department programs are self-supporting. Fees charged for programs cover the cost of materials, pay instructor salaries and help defray other costs.

The Wellesley Recreation Commission consists of five elected members, who meet regularly to review policy and procedures. The Commission welcomes community input.

A Director, Deputy Director, Associate Director, Program Coordinator, two secretaries and custodians staff the Warren Building, home of the Recreation Department. Program instructors and part time employees are hired on a seasonal basis. We are always interested in speaking to potential instructors.

RECREATION DEPARTMENT STAFF

Matt Chin, CPRP ----- Director
 Chad Norton, CPRP ----- Deputy Director
 Jennifer Lawlor ----- Associate Director
 TBD ----- Program Coordinator
 Kris Bemis ----- Secretary
 TBD ----- Secretary

RECREATION COMMISSION

Paul Cramer ----- Chair
 Mark Wolfson ----- Vice-Chair
 Jim Rodrigue ----- Member
 Laurence Stuntz ----- Member

WHO TO CONTACT

For field use, Summertime Concerts and any comments or concerns:

Email: Matt Chin [mchin@wellesleyma.gov]

All programs, Morses Pond and summer jobs at the beach:

Email: Jennifer Lawlor [jlawlor@wellesleyma.gov]

All programs, summer camp and summer camp counselor positions:

Email: Chad Norton [cnorton@wellesleyma.gov]

For Afterschool Programs, Teen Ctr. & Middle School programs:

Email: Jennifer Lawlor [jlawlor@wellesleyma.gov]

IMPORTANT TOWN NUMBERS

Recreation Dept. ----- 781-235-2370
 DPW ----- 781-235-7600
 Health Dept. ----- 781-235-0135
 High School ----- 781-446-6290
 Middle School ----- 781-446-6235
 Natural Resources Comm. 781-431-1019
 ext 2290
 Parks Dept. ----- 781-235-7600
 ext 2335
 School Administration ---- 781-446-6200



INCLEMENT WEATHER: All classes (day and evening) will be cancelled when Wellesley Public Schools are closed. If Wellesley Public Schools have a delayed opening, all Recreation Department programs WILL STILL START at their regularly scheduled time, unless you are informed otherwise. In the event that we need to cancel evening or weekend events it will be listed on our website and a message will be left on our voice mail (781-235-2370). We will also attempt to call and/or email participants

REGISTRATION INFORMATION



Online Registration: wellesleyrec.org

The Wellesley Recreation Department encourages everyone to register for programs online if possible. However, online registration spaces will be limited, which will allow those who do not have easy access to a computer to register using other methods. You will be required to have a username and password in order to utilize the online registration. If you need assistance, please call the Recreation office during regular hours (M-F, 8:30am - 4:30pm). We HIGHLY recommend that you sign in to the online system a few days before registration to make sure that your account is working properly.

Due to COVID-19, we are limiting class size & enrollments to Wellesley residents only.

PAYMENT: By check payable to Town of Wellesley, Cash, VISA or Mastercard. **NOTE:** There will be a \$25 additional fee for checks returned by the bank.

COURSE CANCELLATION: Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. Full tuition will be refunded. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

AGE POLICY: Children must be the proper age on the FIRST DAY of class.

COURSE CONFIRMATION: If you provide your email address you will receive an email confirmation/receipt. If a class has reached its maximum enrollment, you can place your name on the waiting list by using the online registration system. If a class does not meet the minimum participant requirements, it will be cancelled and you will be notified. Otherwise, please plan on attending the course.

MAKE UP CLASSES: All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants' inability to attend.

SWITCHING/CHANGING CLASSES: Switching sessions, dates, or classes constitutes a withdrawal from a class and the cancellation fee applies.

TOILET TRAINED: Children must be toilet trained in order to attend any class unaccompanied by an adult.

FILLED CLASSES: You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not "hold" spots. If your class is filled, you will be placed on a waiting list. We will try to offer additional classes whenever possible.

PARTICIPANT PHOTOGRAPH POLICY: Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.

REFUND POLICY

If a program is scheduled to meet more than 4 times, and you notify the Rec. Dept prior to the second class, a \$20 admin fee will be deducted from your refund. No refunds or credits after the second class.

If a program is scheduled to meet 4 sessions or fewer or meets for 5 consecutive days, and you notify the Rec. Dept prior to the start of the class, a \$20* admin fee will be deducted from your refund. (*summer camps \$25). No refunds/credits anytime after five business days before the start of the class.

COOKING CLASSES: No refunds if you withdraw 3 business days or less before the first class. Withdrawal 4 business days or more before the 1st class, there will be a \$20 administrative fee.

CLASS SPECIFIC REFUND POLICY: Please note that there maybe a specific refund policy for a particular class. The specific policy information will be noted in the class description or in a text box near the class description.

A FULL REFUND WILL BE GIVEN FOR A CANCELLED CLASS

**Wellesley Recreation is located at:
90 Washington Street, Wellesley, MA
02481**

**781-235-2370 | www.wellesleyrec.org
Monday - Friday, 8:30am - 4:30pm**

YOUTH PROGRAMS

PUDDLESTOMPERS

Act. #415700 • Ages 2 - 5 • Instructor: Puddlestompers Staff

Come explore the wonders of Mother Nature this fall with your young naturalist! Call out to birds getting ready for their southerly migration! Search for insects hiding on the forest floor! Collect acorns for a squirrel feast! Twist and turn as you act out a leaf path and learn why they turn beautiful colors. Explore the various amazing open spaces Wellesley has to offer. Weekly classes include hands-on nature exploration, active movement and play, snack and a story. Younger siblings, up to age 10 months and in a backpack, are welcome. Exceptions to age groupings may be granted by PUDDLESTOMPERS to allow siblings to take class together. All classes will be held outdoors.

Location: Centennial Park • Min: 4/Max: 9 • 8 weeks

S#	Age	Day	Times	Date	Price
01	3 - 7	Tue	9:30 - 10:25 am	Sep 29 - Nov 13	\$185
02	3 - 7	Tue	10:30 - 11:25 am	Sep 29 - Nov 13	\$185

PUDLESTOMPERS: OUTDOOR EXPLORER

Act. #415702 • Ages 5 - 8 • Instructor: Puddlestompers Staff

Outdoor Explorers program offered by PUDDLESTOMPERS! Come explore nature after school! Explore active fall leaves and discover how animals are preparing for winter. Peek inside animal skulls and feel animal fur! Discover animal homes and how they are made! We will use hands-on exploration activities, active movement and play, crafts, and stories to investigate the natural world around us. Each lesson has been created to meet Massachusetts STEM standards and is specially crafted to be fun and engaging. We will be outside and moving as we explore. Come discover the wonders of Fall with us!

Location: Warren Building • Min: 4/Max: 10 • 6 weeks

S#	Day	Times	Date	Price
01	Tue	3:30 - 4:30 pm	Oct 6 - Nov 10	\$180

CHESS

Act. #424800 • Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. *Don't miss this exhilarating class.*

Location: Warren Building • 10 weeks • Min: 4/Max: 10

S#	Grade	Day	Times	Date	Price
02	2 - 5	Tue	4:35 - 5:35 pm	Sep 15 - Nov 17	\$168

POTTERY & WHEEL THROWING

Act. #421412 • Ages 6 - 16 • Instructor: Ramune Jauniskis

In a relaxed and creative environment kids will learn hand building and wheel throwing techniques while having fun and sharpening their motor skills. Each week new ideas will be presented for inspiration and kids will work on the suggested projects or projects of their own choosing. All pieces will be kiln fired. Please bring a box to class on the last day to bring work home in as well as a smock for the famous "surprise project". Price includes all materials and firing. To learn more about Ramune please visit: addictedtomermaids.blogspot.com. No refunds for pottery, sewing and fantasy fairy houses classes if you withdraw 3 business days or less before the first class. Withdrawal from a pottery, sewing or fantasy fairy house class 4 business days or more before the 1st class, there will be a \$20 admin fee.

Location: Warren Building • 4/5 weeks • Min: 2/Max: 4

S#	Day	Times	Date	Price
03	Thu	4:15 - 5:45 pm	Nov 12 - Dec 17	\$193
(No class 11/26)				

FANTASY FAIRY HOUSES

Act. #421498 • Grades K - 6 • Instructor: Ramune Jauniskis

In a relaxed and creative environment kids will use their imagination to make magical fairy houses using a wide variety of materials including cardboard, fabric, glue, paints, lights, shells, moss and more. Please bring a snack and a smock and your imagination! Price includes all materials. To learn more about Ramune please visit: addictedtomermaids.blogspot.com. No refunds for pottery, sewing and fantasy fairy houses classes if you withdraw 3 business days or less before the first class. Withdrawal from a pottery, sewing or fantasy fairy houses class 4 business days or more before the 1st class, there will be a \$20 administrative fee.

Location: Warren Building • Min: 4/Max: 6 • 4 weeks

S#	Grade	Day	Times	Date	Price
02	1 - 6	Wed	4:15 - 5:45 pm	Nov 18 - Dec 16	\$173
(No class 11/25)					

SUPER SCIENCE KIDS

Act. #424963 • Ages 4 - 8 • Instructor: Diane Benson

Come on a learning journey! All experiments are hands-on, engaging and FUN! Everything you make you take home to share/show what you did with your family! Some experiments may include (but not limited to)... Glow in the Dark Slime, Sink or Float Snow Globe and MORE!!!

Location: Warren Building • 5 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Thu	2 - 3 pm	Nov 5 - Dec 10	\$120

YOUTH PROGRAMS

PAINTING & DRAWING MODERN MASTERPIECES

Act. #421488 • Ages 6.5 - 14 • Instructor: D'Ann Hansen

In this class students will produce timeless work that will be cherished for years. These large 16" x 20" pieces of art painted on archival paper are sure to find a home on your walls! Young students use professional tools and nontoxic acrylic paints. Students gain an appreciation for different artists while learning various techniques through step-by-step visual demonstrations. The sunny Art Studio at the Rec. Center provides a perfect creative oasis! More information on D'Ann can be found at her website at dannhansen.com All materials provided with a \$35 materials fee payable to teacher. Please note that D'Ann's dog, Mason the Corgi, will be in the classroom.

Location: Warren Building • 5 weeks • Min: 6/Max: 8

S#	Age	Day	Times	Date	Price
02	6.5 - 12	Tue	4 - 6 pm	Nov 3 - Dec 8	\$258

(No class 11/24)

BABYSITTER'S TRAINING

Act. #431504 • Ages 11 - 15 • Instructor: Alice Wadley

Babysitter's Training with American Heart Association Family and Friends CPR is a 5-hour course that teaches students in grades 5-8 the fundamental skills necessary to provide safe and responsible care for infants and children.

Course content: Injury & accident prevention, choking rescue, adult & pediatric CPR & AED use, basic first aid skills, child care routines (including bottle feeding & diapering practice), positive behavior management, problem solving techniques, and business basics (including resume writing, setting fees, and professionalism). Course materials: pocket first aid kit, drawstring bag, folder with course reference materials and American Heart Association Family and Friends student manual.

Certification: Upon successful completion students will receive an American Heart Association Family and Friends CPR e-Certificate and Babysitter's Training e-Certificate.

Location: Warren Building • 1 day class • Min: 8/Max: 10

S#	Day	Times	Date	Price
03	Sat	10 am - 3 pm	Dec 5	\$120

SHOWTIME

Act. #423999 • Grades K - 5 • Instructor: Cindy Wright

SHOWTIME! The show must go on! especially in 2020! Children will sing, dance and act to bring a story to life. Time at each class will be spent learning songs, dances and dialogue working toward a performance which will be filmed on the last day and sent to parents. The children will be assigned equitable, age appropriate roles to play. Please dress comfortably and bring a water bottle

Location: Warren Building • 6 weeks • Min: 6/Max: 10

S#	Grade	Day	Times	Date	Price
04	K - 3	Mon	3:30 - 4:30 pm	Nov. 9 - Dec. 21	\$106
				(No class 11/30)	
05	K - 3	Tues	3:30 - 4:30 pm	Nov. 10 - Dec. 15	\$106
06	K - 3	Tue	3:30 - 4:30 pm	Nov. 5 - Dec. 17	\$106
				(No class 11/26)	

DINING ETIQUETTE: Prep for the holidays

Act. #431563 • Grades 2 - 12 • Instructor: Nikki Sawheny

Holidays are a stressful time of the year and we can all use a little help to brush up on our etiquette, especially children. The aim of this 90-minute workshop is to teach children how to convey confidence, courtesy and be self-reliant in any social or dining situation. During this workshop the students will learn the following:

- The importance of greeting others
- Passing food at the table
- Behaving appropriately at other people's homes
- The napkin and its use
- Appropriate table conversation
- Using "please" and "thank you"
- Respecting dress code
- Approaching and seating at the table
- Understanding place setting
- How to correctly hold silverware
- The bread & butter plate
- The soup course
- Proper use of silverware
- American & Continental styles of dining
- What to do with unwanted food
- Other table manners & much more

Location: Warren Building • 1 day classes • Min: 5/Max: 10

S#	Day	Times	Date	Price
02	Sat	10 - 11:30 am	Dec 12	\$65
03	Fri	4 - 5:30 pm	Dec 18	\$65

FACE MASK



REQUIRED

For **ALL** classes & programs offered by this fall.

Please contact our office if you have any questions.

YOUTH PROGRAMS

LEGO MAKE & TAKE ENGINEERING CHALLENGE

Act. #421485 • Grades K - 4 • Instructor: Diane Benson

Join in on the fun, take part AND take home the LEGO creation you designed! Register for 1 or 2! Each afternoon will consist of both self-guided and teacher-led projects to ensure that your child is learning while having FUN!

Session 2 and 4: Underwater Minifigurine Rescue Unit

Location: Warren Building • 1 day class • Min: 5/Max: 10

S#	Day	Times	Date	Price
02	Tue	3:30 - 5:30 pm	Dec 8	\$72
04	Wed	1:30 - 3:30 pm	Dec 9	\$72

AWESOME ART DAYS!

Act. #421491 • Grades K - 4 • Instructor: Beth Meditz

Join a great group of kids and get super creative for 3 hours! Get yourself “unplugged” with “Hands on” and “Hands in” ART activities! At each 3 hour workshop, Artists will be presented with surprise starter bases and develop their own vision of their creations by choosing from a wide array of inspiring and unusual materials. Abstract and Realistic works are created in a relaxed, yet exciting atmosphere. The “Fun Factor” is always built in! Please bring a peanut free snack. Wear mess around cloths.

Location: Warren Building • 1 day class • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Tue	9:30 - 11:30 am	Dec 22	\$48
02	Tue	12:00 - 2:00 pm	Dec 22	\$48

PUDDLESTOMPERS: DEC VACATION

Act. #415701 • Ages 5 - 9 • Instructor: Puddlestompers Staff

Let us lead your children in discovering the mystery of winter during PUD- DLESTOMPERS’ December Vacation drop-off program. Winter is a magical time to explore! Come see how animals and plants are surviving the cold. Look for animal tracks and investigate other signs of winter activity. Discover who is taking a rest during the cold months and who is still out and about! Children will learn about the day’s topic through hands-on investigation, active movement and play, crafts, stories, and songs. A snack will be provided each day, as well as a take-home craft and handout with additional activities and information to extend learning and exploration into your home.

Location: Warren Building • 1 day class • Min: 4/Max: 8

S#	Day	Times	Date	Price
01	Mon	9 am - 1 pm	Dec 21	\$65
02	Tue	9 am - 1 pm	Dec 22	\$65
03	Wed	9 am - 1 pm	Dec 23	\$65
08	Mon	9 am - 1 pm	Dec 28	\$65
09	Tue	9 am - 1 pm	Dec 29	\$65
10	Wed	9 am - 1 pm	Dec 30	\$65

LEGO ORNAMENTS

Act. #421430 • Ages 5 - 9 • Instructor: Diane Benson

Create one-of-a-kind LEGO Ornaments designed by YOU! Maybe a penguin, a rainbow, a present, a gingerbread man?...The choice is YOURS and the possibilities are endless. All of the ornaments you design and create you will take home to enjoy for years to come! Terrific memories from 2020!

Location: Warren Building • 1 Day Class • Min: 6/Max: 10

S#	Day	Times	Date	Price
01	Tue	3:30 - 5:30 pm	Dec 15	\$72

COOKIES FOR SANTA

Act. #423741 • Grades K - 4 • Instructor: Diane Benson

Let’s get baking and make Santa something special this year with some kid-made cookies! He is sure to appreciate the snack break as he travels around the world! PLEASE NOTE: Eggs & dairy will be used in this class

Location: Warren Building • 1 day class • Min: 6/Max: 8

S#	Day	Times	Date	Price
01	Tue	3:30 - 5:30 pm	Dec 22	\$48
02	Wed	3:30 - 5:30 pm	Dec 23	\$48

DESIGN A GINGERBREAD HOUSE

Act. #423716 • Ages 5 - 10 • Instructor: Diane Benson

Design an edible house that will enhance your home décor and impress your friends and family. Using frosting, candies and other fun treats, you will be shown creative ways to decorate and landscape your edible home. Houses are pre-assembled and will be ready to decorate using frosting, candies and other fun treats! Participants will have over 50 different edible decorations to use!!! Please notify instructor if your child has any food allergies. PLEASE NOTE: Some candies used in this class may be made in a factory that also uses nuts.

Location: Warren Building • 1 day class • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Thu	3:30 - 5 pm	Dec 17	\$72

CHESS DECEMBER WORKSHOP

Act. #424851 • Ages 5 - 12 • Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. *Don’t miss this exhilarating class.*

Location: Warren Building • 3 classes • Min: 4/Max: 10

S#	Day	Times	Date	Price
01	Mon, Tues, Wed	10:00 am - 12 pm	Dec 28 - 30	\$105

YOUTH PROGRAMS

TENNIS EARLY RELEASE

Act. #425200 • Ages 8 - 11 • Instructor: Mike Sabin

Instruction will cover the basic aspects of the sport including skill evaluation, forehand, backhand, serve, volley, overhead and strategy. Please bring a racquet and water bottle.

Location: See below • 5 weeks • Min: 6/Max: 16

S#	Age	Day	Times	Date	Price
Warren Building • Min: 6/Max: 10					
03	8 - 9	Wed	12:30 - 1:30 pm	Nov 4 - Dec 16 (No class 11/11, 11/25)	\$125
10 - 11		Wed	1:30 - 2:30 pm	Nov 4 - Dec 16 (No class 11/11, 11/25)	\$125

THURSDAY TENNIS

Act. #425201 • Ages 5 - 11 • Instructor: Mike Sabin

This is a fun approach to learning tennis. Emphasis will be placed on developing hand eye coordination skills while providing an introduction to the game of tennis. You must provide your own racquet and bring a water bottle.

Location: See Below • 5 weeks • Min: 4/Max: 16

S#	Age	Day	Times	Date	Price
Warren Building • Min: 6/Max: 10					
04	5 - 7	Thu	3:30 - 4:30 pm	Nov 5 - Dec 10 (No class 11/26)	\$125
05	5 - 7	Thu	4:30 - 5:30 pm	Nov 5 - Dec 10 (No class 11/26)	\$125
06	8 - 11	Thu	5:30 - 6:30 pm	Nov 5 - Dec 10 (No class 11/28)	\$125

PIANO LESSONS

Act. #425807 • Ages 8 - 15 • Instructor: Dave Medeiros

Have fun exploring the potential of electronic keyboards while focusing on the foundations of the most universally enjoyed musical instrument the piano! Beginner lessons will cover fundamentals of music theory, hand movement, and independent coordination as it applies to note reading of easy melodies. Must bring a keyboard to class.

Location: Warren Building • 7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	5 - 6 pm	Oct 19 - Dec 7 (No class 11/30)	\$150

GUITAR LESSONS

Act. #425808 • Ages 8 - 15 • Instructor: Dave Medeiros

You can stop playing “air guitar” and learn how to play the real thing! Beginner lessons introduce the challenge of musicianship while concentrating on basic music fundamentals in a relaxed atmosphere. Students will learn popular songs while focusing on note reading, chord accompaniment, and simple tuning techniques. Guitar rentals are available for an additional charge of \$50 per session payable to Dave at first class. Please contact the Recreation Department if you are interested in reserving a guitar for the class.

Location: Warren Building • 7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	4 - 5 pm	Oct 19 - Dec 7 (No class 10/12)	\$150

YOUTH PROGRAMS

KNUCKLEBONES T-BALL

Act. #423156 • Ages 2 - 6 • Instructor: KnuckleBones Staff

Knucklebones' Micro T-ball engages participants in learning to play like the big leaguers. Each class brings a steady progression of skills and game play; starting with tees, we'll progress to underhand pitching, practice fielding, understanding rules, batting technique & base running. Children will gain the essence of the game and have fun! The last day will be the most fun as the children will take on the parents/guardians in a game for bragging rights! Comfortable clothing and sneakers are required.

Location: Warren Building • 6 weeks • Min: 8/Max: 12

S#	Age	Day	Times	Date	Price
01	2 - 3	Sat	12:30 - 1:20 pm	Sep 26 - Nov 14 (No class 10/10)	\$120
02	4 - 6	Sat	1:30 - 2:25 pm	Sep 26 - Nov 14 (No class 10/10)	\$120

SUPER SOCCER STARS: TUESDAY

Act. #422925 • Ages 3 - 4.5 • Instructor: Super Soccer Stars

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

Location: Warren Building • 9 weeks • Min: 4/Max: 12

S#	Age	Day	Times	Date	Price
01	3 - 4.5	Tue	10:30 - 11:15 am	Sep 15 - Nov 10	\$270

PREMIER HOOPS

Act. #421288 • Ages 4 - 14 • Instructor: Premier Hoops Staff

Have fun and learn the game of basketball in this incredible 6-week program. Every Monday our professional and D1 trainers will teach all players fun and unique fundamentals of ball-handling, passing, shooting, footwork, and more. This program will improve their confidence and skill set for scrimmage games at the end of each session. This program is also geared to help improve player IQ and in-game performance in other leagues they play in!

Location: Warren Building • 6 weeks • Min: 8/Max: 10

S#	Age	Day	Times	Date	Price
05	4 - 5	Mon	2:35 - 3:05 pm	Oct 19 - Nov 23	\$240
06	10 - 14	Mon	4:25 - 5:15 pm	Oct 19 - Nov 23	\$240

KARATE

Act. #421800 • Ages 3 - 16 • Instructor: Steve Nugent

Now celebrating 18 years in Wellesley! 10th Degree Grand Master and 4 Time World Champion Steve Nugent and his Staff bring a traditional Karate program that emphasizes listening, focus, integrity and perseverance. Children learn self-defense in a structured but fun method. Strength, speed and flexibility are all improved while the children stretch, punch and kick their way to fitness. Goal setting and the achieving of belts is all incorporated into the program. They are also taught the importance of proper nutrition, stranger awareness and academic achievement. A uniform and belt are provided free of charge!

Location: Warren Building • 13 weeks • Min: 10/Max: 10

S#	Age	Day	Times	Date	Price
01	3 - 4	Wed	3:30 - 4 pm	Sep 16 - Dec 23 (No class 11/11, 11/25)	\$312
02	5 - 7	Wed	4:15 - 5 pm	Sep 16 - Dec 23 (No class 11/11, 11/25)	\$312
03	8 - 16	Wed	5:15 - 6 pm	Sep 16 - Dec 23 (No class 11/11, 11/25)	\$312

SUPER SOCCER STARS: SATURDAY

Act. #422902 • Ages 3 - 6 • Instructor: Super Soccer Stars

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

Location: Warren Building • 8 weeks • Min: 3/Max: 8

S#	Age	Day	Times	Date	Price
01	3 - 4	Sat	8 - 8:45 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
02	4 - 6	Sat	8 - 8:50 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
03	3 - 4	Sat	9 - 9:45 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
04	5 - 6	Sat	10 - 10:50 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
05	4 - 5	Sat	10 - 10:50 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
06	5 - 6	Sat	10:20 - 11:20 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
07	3 - 4	Sat	11:05 - 11:50 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240

YOUTH PROGRAMS

JAMES BEDE SOCCER FUN

Act. #422900 • Ages 4 - 6 • Instructor: James Bede Soccer

Fun Soccer is an excellent way to expose your young player to the game of soccer. The program is an introduction of soccer through fun games. We use lots of soccer balls to ensure no player feels left out. Our goal is to foster enthusiasm and love for movement and soccer. Your young player will develop a sense of what it means to be part of a team through positive interactions with coach and players while having fun and learning. Wear shin guards and sneakers/cleats. Remember to bring water.

Location: Warren Building • 12 weeks • Min: 10/Max: 12

S#	Age	Day	Times	Date	Price
01	5	Wed	2:50 - 3:35 pm	Sep 9 - Dec 9 (No class 11/11, 11/25)	\$258
02	4	Wed	3:45 - 4:25 pm	Sep 9 - Dec 9 (No class 11/11, 11/25)	\$258
03	5 - 6	Wed	4:30 - 5:15 pm	Sep 9 - Dec 9 (No class 11/11, 11/25)	\$258

JAMES BEDE JR. ACADEMY

Act. #422956 • Ages 5 - 8 • Instructor: James Bede

Our Academy has three levels which gives your player ample time to develop and learn Smart Soccer to enable them to excel. Jr Academy I: Introduction of skills and lots of games. Jr Academy II: Skills, Introduction of drills and lots of games. Jr Academy III: Skills, drills and game understanding. Most of the learning happens during game time so your player is not even aware of the learning!

Location: Warren Building • 11/12 weeks • Min: 10/Max: 12

S#	Age	Day	Times	Date	Price
01	5 - 6	Wed Sat	5:20 - 6:20 pm 10:30 - 11:30 am	Sep 9 - Dec 19	\$462
			(No class 9/19, 10/10, 11/11, 11/25, 11/28)		
02	6 - 7	Tue Sat	5 - 6 pm 11:30 am - 12:30 pm	Sep 8 - Dec 19	\$462
			(No class 9/19, 10/10, 11/3, 11/28)		
03	7 - 8	Tue Sat	6 - 7 pm 12:30 - 1:30 pm	Sep 8 - Dec 19	\$462
			(No class 9/19, 10/10, 11/3, 11/28)		

JAMES BEDE GIRL EMPOWERMENT

Act. #422999 • Ages 6 - 7 • Instructor: James Bede Staff •

Location: Warren Building • 12 weeks • Min: 10/Max: 12

We are excited to offer this girls ONLY class. We will be working on the fundamental skills of soccer as well as game intelligence. Do not miss this great opportunity to progress your game to the next level! It will be intense but FUN.

S#	Day	Times	Date	Price
01	Wed	2 - 2:50 pm	Sep 9 - Dec 9 (No class 11/11, 11/25)	\$258

DYNAMIC RUNNING

Act. #420209 • Ages 6 - 12 • Instructor: Kathy Fleming

This class will help your child reach new levels in his/her athletic abilities. Your child will not only be faster & stronger, but he/she will be empowered and confident with his new awareness of pacing, sprinting & stamina. Kathy Fleming, the former BC track & field coach, Olympic Trials finalist in the 1500m and a member of the world record Distance Medley Relay team, will share her knowledge about the key ways to build speed and endurance in young athletes. The class will also introduce some of the other track and field events like the hurdles, shot put, javelin and the long jump. The class also teaches proper hydration, stretching and drills. We end each session with a fun relay event. This will be a fun introduction to the sport of track & field and he/ she will have fun and become a better athlete overall. We conduct this course on the field at the Rec center where we have the ability to spread out and adhere to the social distance rules.

Location: Warren Building • 4 weeks • Min: 6/Max: 15

S#	Day	Times	Date	Price
01	Tue	3:15 - 4:15 pm	Oct 6 - Nov. 10	\$170

ADULT PROGRAMS

FIERCE WOMENS BOOTCAMP

Act. #441802 • Instructor: Derith Cass

Come join the FIERCE tribe and workout with other amazing women, who want to get stronger both physically and mentally! The positive support and encouragement of Coach D will have you push yourself to reach new goals, all while laughing and connecting with other women! Coach D is much more than a fitness coach and is a cheerleader for every woman at every skill level. Sign up with a friend or come meet new ones at this 8 week training program outdoors at Warren Park. It is a workout that will leave you feeling connected, empowered and FIERCE!

Location: Warren Building • 8 weeks • Min: 10/Max: 10

S#	Day	Times	Date	Price
01	Thu	9:45 - 10:30 am	Sep 17 - Nov 5	\$160

POTTERY

Act. #441414 • Ages 15+ • Instructor: Ramune Jauniskis

Learn hand building and wheel throwing techniques in a relaxed and encouraging environment. Each week new ideas and techniques will be presented for inspiration. Students are free to work on their own ideas or on suggested projects. No experience is necessary all are welcome. All work will be kiln fired. Price includes materials and firing. To learn more about Ramune please visit: addictedtomermaids.blogspot.com. No refunds for pottery, sewing and fantasy fairy houses classes if you withdraw 3 business days or less before the first class. Withdrawal from a pottery, sewing or fantasy fairy houses class 4 business days or more before the 1st class, there will be a \$20 administrative fee.

Location: Warren Building • 4/5 weeks • Min: 6/Max: 8

S#	Day	Times	Date	Price
03	Thu	12 - 1:30 pm	Nov 12 - Dec 17 (No class 11/26)	\$193

FUSION FIT - FIRST CALL

Act. #440450 • Instructor: Bitsy Graham

An innovative combination of cardio, core, strength work, balance and flexibility, all choreographed and set to fun, funky, upbeat music. Class incorporates hand weights, pilates rings, dynabands, ankle bands & balance pads. Strong body, strong bones, strong mind!!!!

Location: Warren Building • 13 weeks • Min: 10/Max: 12

S#	Day	Times	Date	Price
01	Tue, Thu, Fri	6 - 7 am	Sep 22 - Dec 18 (No class 11/3, 11/26)	\$360

FUSION FIT

Act. #440400 • Instructor: Bitsy Graham

An innovative combination of cardio, core, strength work, balance and flexibility, all choreographed and set to fun, funky, upbeat music. Class incorporates hand weights, pilates rings, dynabands, ankle bands & balance pads. Strong body, strong bones, strong mind!!!!

Location: Warren Building • 13 weeks • Min: 10/Max: 12

S#	Day	Times	Date	Price
01	Mon, Wed, Fri	8:45 - 9:45 am	Sep 21 - Dec 18 (No class 10/12, 11/11)	\$360
03	Tue, Thu	8:45 - 9:45 am	Sep 22 - Dec 17 (No class 11/3, 11/26)	\$240

ACRYLIC PAINTING

Act. #441455 • Instructor: D'Ann Hansen

Come and give your creative mind some time to play! By using right brain drawing strategies and step-by-step visual demonstrations, students will successfully draw and paint pieces inspired by Modern Masters or Contemporary Painters. Students use the finest grade acrylics on archival paper. These paints are a joy to use with a thick and buttery consistency and a very forgiving nature! All levels of experience are welcome, including those who have never picked up a paint brush. All classes held in the sunny art studio in the Warren Building, 90 Washington St. More information on D'Ann can be found on her website: dannhansen.com All materials provided with a \$35 materials fee payable to teacher. Please note that D'Ann's dog Mason will be in the classroom

Location: Warren Building • 5/4 weeks • Min: 6/Max: 8

S#	Day	Times	Date	Price
02	Tue	10 am - 12 pm	Nov 3 - Dec 8 (No class 11/24)	\$260

Check us out @ wellesleyrec.org

Working with the Wellesley Board of Health, all fall programs offered have been vetted and will follow Federal, State & Local COVID -19 guidelines. ALL program participants and instructors will be required to wear a face covering during the entirety of the program.

ADULT PROGRAMS

PIANO LESSONS

Act. #445801 • Instructor: Dave Medeiros

An introduction to musicianship through piano/keyboard, these are absolute beginner lessons focusing on the fundamentals of music theory, note reading and independent hand coordination. Building from easy traditional melodies, students will venture into popular, boogie and blues styles. Songbook and handouts provided.

Location: Warren Building • 7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	7 - 8 pm	Oct 19 - Dec 7 (No class 11/30)	\$150

GUITAR BEGINNER

Act. #445802 • Instructor: Dave Medeiros

Whether you're an absolute beginner or someone who can strum a few chords or songs, you'll enjoy learning to play the guitar. Our easy approach makes it fun. Instruction will focus on basic theory, reading chord forms, strum patterns and picking styles, and how they apply to popular songs in the folk, rock, blues and country idioms. A limited number of guitar rentals are available at an additional cost of \$50 (for the duration of the course) payable to Dave at first class. Please reserve your guitar when you register. A method/song book will be provided by Dave.

Location: Warren Building • 7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	6 - 7 pm	Oct 19 - Dec 7 (No class 10/12)	\$150

GUITAR CONTINUING

Act. #445803 • Instructor: Dave Medeiros

Instruction will continue with theory, note reading and chord forms. We will concentrate on more complex strum patterns, right hand rhythms, and moving bass lines with chord accompaniment and melody. These techniques along with some classic guitar riffs should have you ready for open mic night! Continuing students should have completed "Beginning Guitar" or have knowledge in sight-reading and chord forms.

Location: Warren Building • 7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	8 - 9 pm	Oct 19 - Dec 7 (No class 10/12)	\$150

PUPPY KINDERGARTEN

Act. #444602 • Instructor: Vera Wilkenson

Create the dog of your dreams! This five week class for puppies under five months of age on the first day of class is a life preparation class designed to teach puppy guardians how to address everyday situations now so to prevent behavior problems later. Learn exactly how to respond to puppy nipping, jumping, inability to be left alone, fearfulness, etc. Please bring your puppy, puppy food and treats and proof of vaccinations to the first class.

Location: Warren Building • 5 weeks • Min: 6/Max: 10

S#	Day	Times	Date	Price
02	Mon	6:30 - 7:20 pm	Nov 9 - Dec 14 (No class 11/30)	\$145

DOG OBEDIENCE 1

Act. #444600 • Instructor: Vera Wilkenson

Love your dog but not all of his behavior? In this five week class for dogs over five months of age, you will learn how to solve the challenges you have at home and out and about. Your dog will learn to respond to your direction rather than jump on your visitors; walk at your side; come when called and more. You will learn to read dog body language to better advocate for your dog, other dogs and people in social settings. This is not a class for reactive or aggressive dogs. Please bring your dog, treats and proof of vaccinations to the first class.

Location: Warren Building • 5 weeks • Min: 6/Max: 10

S#	Day	Times	Date	Price
02	Mon	7:30 - 8:20 pm	Nov 9 - Dec 14 (No class 11/30)	\$145



**DON'T MISS OUT ON
NEW PROGRAMS OR
VIRTUAL CLASSES**

**GET OUR
WEEKLY EMAILS!**

VISIT: WELLESLEYREC.ORG

FACE MASK



REQUIRED

All programs & classes offered this fall are open to Wellesley residents only.

Thanks for understanding

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