



Health Officials Remind Residents to Take COVID Precautions

Wellesley Health officials are reminding residents to determine and follow the COVID-19 virus protection efforts that make the most sense for themselves and their families. Currently our community and the State is seeing an increase in reported cases of the [Ba2 Omicron subvariant](#). This variant is highly contagious and transmissible and seems to be the dominant strain of COVID in the United States. In general, most cases result in mild to moderate symptoms that can be managed at home with over-the-counter medications or with anti-viral therapies such as [Paxlovid](#).

- **As of 5/19/22 the CDC has approved and recommends boosters for ages 5-11 and recommends everyone ages 50+ get a 2nd booster.** The best prevention against contracting COVID-19 is getting fully vaccinated. Everyone ages 5+ who are eligible should get a COVID-19 vaccine and booster. Please consult with your health care provider for questions about getting vaccinated. [FIND A VACCINATION SITE](#).
- While officials currently do not plan to reinstate a mask mandate in Wellesley, masking for crowded indoor events is encouraged. As well, some people may continue to need or want to wear a mask. Please be respectful of these choices. A high-quality well-fitting mask like an N95, KN95 or KF94, or a surgical mask is recommended.

Council on Aging Vaccine and Mask Provision: A reminder that due to the vulnerable population served by the COA, individuals participating in in-person COA programs and activities at the Tolles Parsons Center must be vaccinated and continue to wear masks at this time.

- Please remember to **stay at home if you are experiencing any [COVID-19 symptoms](#)**. Self-testing, followed by a PCR test is recommended if you are experiencing COVID symptoms and/or think you may have been exposed to COVID. [PCR TESTING SITES](#).
- **More About Paxlovid.** The anti-viral therapy [Paxlovid](#) is free and widely available to people who test positive for COVID-19 and have symptoms, even mild ones. The sooner you start treatment the better. Contact your health provider for information.

COVID-19 data continues to be available on Wellesley's COVID-19 Information Hub at www.wellesleyma.gov/coronavirus

Record temperatures expected this weekend-Hot weather advisory

Temperatures are expected to reach extremely high temperatures this weekend with highs in the upper 90's. Residents are encouraged to avoid prolonged exposure, wear sun protection such as hats and sunscreen and remain hydrated. Try to avoid times of peak sun.

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