

WE'RE LAUNCHING A NEW MOBILE APP!

THE
HEALTHY
HEALTH PLAN

Now, you can take the tools that **My Healthy Health Plan** offers on the go, including:

- **Trackers** – Watch your food, weight, exercise, steps, medication and blood pressure
- **Health coaching emails** – Connect with your Healthy Health Plan coach
- **Events** – Find any on-site Fallon Health Promotion events coming to your company

To start using Healthy Health Plan from your smartphone or mobile device, follow these steps.

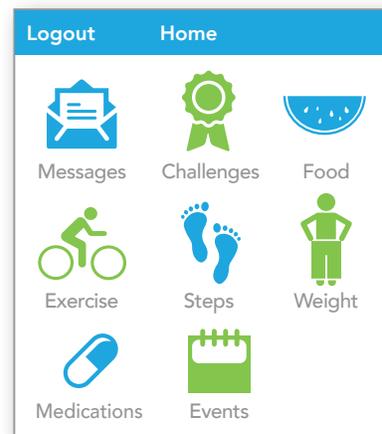
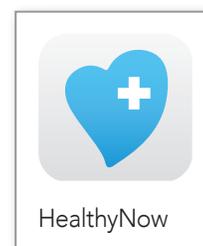
First, on your desktop computer/laptop:

1. Log in to My Healthy Health Plan from your **computer** to set up a mobile account.
2. Click on the following image on your homepage: →
3. **FCHP** is your portal code. You will use this when you first sign in to the mobile app.
4. Follow the prompts to create a PIN.



Next, on your mobile device:

1. Go to either the **Google Play Store** or **iTunes App Store** to download the **HealthyNow** app to your mobile device. →
2. Open the App on your mobile device and enter **FCHP** for the portal code. Click "Activate."
3. Enter your phone number and the PIN that you created when you registered your mobile account.
4. The Healthy Health Plan dashboard now displays: →



You will now be able to utilize all of the great tools and resources that My Healthy Health Plan has to offer, right in the palm of your hand!