

wellesleyrec.org

ADULT SUMMER PROGRAM BROCHURE 2024





BADMINTON

ACT. #340299 | @ WARREN BUILDING | INSTRUCTORS: WILLY WU & STEVE YANG | 9 WEEKS | MIN 8 / MAX 35

Whether you are an amateur or an expert badminton player, this program allows badminton players an opportunity to play friendly “pick-up” games!

Participants are required to bring their own racquets. Indoor sport shoes are recommended. Participants to bring their own shuttles.

S#	Day	Times	Date/Price	Skip Day
01	Thu- Fri	6:45-9:00PM	Jun 27- Sept 6 \$50	7/4, 8/29, 8/30





FUSION FIT

ACT. #340488 | @ WARREN BUILDING | INSTRUCTOR: BITSY GRAHAM | 6 WEEKS | MIN 10 / MAX 25

An innovative combination of cardio, core, strength work, balance, and flexibility, all choreographed and set to fun, funky, upbeat music.

Class incorporates hand weights, pilates rings, dynabands, ankle bands & balance pads. Strong body, strong bones, strong mind!!!!

S#	Day	Times	Date/Price	Skip Day
01	Thu- Fri	8-9am	Jun 18- Jul 25 1 Day \$90 2 Day \$165	7/4





VOLLEYBALL: DROP IN

ACT. #341101 | @ WARREN BUILDING | MIN 6 / MAX 12

S#	Day	Times	Date/Price	Skip Day
01	Wed	7-9pm	Jul 10- Sept 11 \$45	8/28





PUPPY KINDERGARTEN

ACT. #344601 | @ WARREN BUILDING | INSTRUCTOR: VERA WILKINSON | 6 WEEKS | MIN 6 / MAX 10

Looking to get your puppy off to a great start?

This six-week class for puppies under five months of age on the first day of class is a life preparation class designed to teach puppy guardians how to address everyday situations now to prevent behavior problems later. Learn how to respond to puppy nipping, jumping, inability to be left alone, fearfulness, etc. Please bring your puppy, puppy food and treats, and proof of vaccinations to the first class. If you have any questions, please visit www.cooperativedog.com

S#	Day	Times	Date/Price
01	Mon	6:30- 7:20pm	Jul 8- Aug 12 \$260





DOG OBEDIENCE

ACT. #344600 | @ WARREN BUILDING | INSTRUCTOR: VERA WILKINSON | 6 WEEKS | MIN 6 / MAX 10

Looking to improve your dog's manners?

In this six-week class for dogs over five months of age, you will learn how to solve the challenges you have at home and out and about. Your dog will learn to respond to your direction rather than jump on your visitors; walk at your side; come when called and more. You will learn to read dog body language to better advocate for your dog, other dogs, and people in social settings. This is not a class for reactive or aggressive dogs. Please bring your dog, treats, and proof of vaccinations to the first class. If you have any questions, please visit www.cooperativedog.com.

S#	Day	Times	Date/Price
01	Mon	7:30- 8:20pm	Jul 8- Aug 12 \$260





SELL YOUR HOME WORKSHOP

ACT. #343606 | ONLINE COURSE | INSTRUCTOR: FAINA SHAPIRO |
ONE DAY CLASS | MIN 3 / MAX 15

If you are thinking about selling your home in the near future, this class is a must

Learn how to hire the right agent and what you need to know if you plan on selling without an agent. The class will also cover what's necessary to fix before listing and what isn't, what buyers want, and what costs are associated with selling. The importance of staging, knowing your seller obligations, financing, inspections, and being prepared for worst-case scenarios will also be discussed.

S#	Day	Times	Date/Price
01	Wed	6-8pm	Jul 10 \$10





REAL ESTATE INVESTING WORKSHOP

ACT. #243640 | ONLINE COURSE | INSTRUCTOR: FAINA SHAPIRO |
ONE DAY CLASS | MIN 3 / MAX 15

Real estate investing can be lucrative if you know what you are doing, but it can also set you up for failure if you don't.

The trouble is that many new investors don't know where or how to invest in real estate. This class will teach you how to find the property that can be an additional income stream and how to avoid getting into trouble with tenants. Along with learning how to buy an income-generating rental property in this competitive market, we will also discuss Massachusetts laws that every landlord needs to know to protect themselves. We review proven tips on being a thoughtful and respected landlord and financing and property maintenance costs.

S#	Day	Times	Date/Price
01	Tue	6:30- 9pm	April 9 \$10





HOME BUYING WORKSHOP

ACT. #243677 | ONLINE COURSE | INSTRUCTOR: FAINA SHAPIRO |
ONE DAY CLASS | MIN 3 / MAX 15

Spend an evening learning essential information, strategies and tips that can help to save money and avoid expensive mistakes in the home buying process. Home buyers today face an overwhelming number of choices as they enter the housing market. These involve working with realtors and home inspectors to determine how much of a mortgage is affordable and choosing the right mortgage product and more. This class will provide a great deal of education to allow home buyers to make smart decisions when buying a home.

This workshop will provide a guide to help home buyers navigate a seller's market and understand how to make themselves compete while saving money and differentiating themselves from the competition. Mortgage options and other associated home buying costs are explained like closing costs and lawyer fees. We will review the home buying timeline and buyer contracts and disclosures to ensure you protect yourself as a buyer. By the end of this workshop, you will be armed with valuable advice that will alleviate the confusion that many home buyers typically feel when starting to look for a home.

S#	Day	Times	Date/Price
01	Wed	12-2pm	May 15 \$10



TENNIS: BEGINNER

ACT. #345201 | @ HUNNEWELL TENNIS COURTS | INSTRUCTOR: MIKE SABIN & STAFF | 5 WEEKS | MIN 6 / MAX 12

This is an introduction to the sport; covering the most basic aspects. Participants will work on forehand, backhand, serve, and learn the rules of the game. Please bring a tennis racquet. Classes canceled due to inclement weather will be added on at the end of the session. Evening lessons REQUIRE a tennis tag (\$15).

S#	Day	Times	Date/Price
01	Tue	6:30-8pm	Jun 25- Jul 23 \$170

TENNIS: INTERMEDIATE/ADVANCED

ACT. #345202 | @ HUNNEWELL TENNIS COURTS | INSTRUCTOR: MIKE SABIN & STAFF | 5 WEEKS | MIN 6 / MAX 12

This class is for the player who is looking to develop their court strategy and improve their technique. We will also work on stroke positioning, vol- ley, and serve. Please bring a tennis racquet. Classes canceled due to inclement weather will be added on at the end of the session. Evening lessons REQUIRE a tennis tag (\$15).

S#	Day	Times	Date/Price	Skip Day
01	Thu	6:30-8pm	Jun 27- Aug 1 \$170	7/4



TENNIS DRILL AND PLAY

ACT. #345209 | @ HUNNEWELL TENNIS COURTS | INSTRUCTOR: MIKE SABIN & STAFF | 5 WEEKS | MIN 8 / MAX 12

This class will include fast-paced drilling with a hitting partner and then match play. Classes canceled due to inclement weather will be added on at the end of the session. **REQUIRES** a tennis tag (\$15).

S#	Day	Times	Date/Price	Skip Day
01	Wed	6:30-8pm	Jun 26- Jul 31 \$170	7/3