



TOWN OF WELLESLEY HEALTH DEPARTMENT

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FOR IMMEDIATE RELEASE

Health Department Announces Parent and Newborn Support Services Program

January 15, 2025 (Wellesley, MA) –The Town of Wellesley announces the launch of a new program, *Parent & Newborn Support Services (PNSS)*, to support prenatal, postpartum, and newborn health and well-being. PNSS seeks to ensure that all families in Wellesley receive timely, culturally sensitive care as they navigate parenthood. This new program addresses the unique needs of each family and provides perinatal support and care, health assessments, newborn care and feeding guidance, and connection to clinicians and community resources.

“Public Health Nursing is at the heart of community wellness,” said Amanda Stone, RN, public health nurse and PNSS program manager. “PNSS is dedicated to helping families during one of the most significant and transformative times of their lives. Through the integration of professional nursing care, health education, and meaningful family engagement, the program builds partnerships that support maternal, child, and family health.”

Parent & Newborn Support Services include education to promote healthy pregnancies and prepare families for childbirth; postpartum care and emotional support; health screenings including blood pressure checks; infant care guidance focused on newborn feeding, safe sleep practices, and healthy newborn growth and development; infant weight checks; and creating a safe home environment.

“Healthy beginnings set the foundation for lifelong health and well-being,” said Lenny Izzo, MS, RS, CHO, Director of Community and Public Health. “When families feel supported from the very beginning, children are more likely to thrive physically, emotionally, and socially. This is a direct investment not only in individual households, but in the future of our entire community. The Wellesley Health Department remains committed to ensuring that every family has access to the care and information they need during the first, critical months of their child’s life. Together, we are building a healthier, stronger, and more resilient community.”

Home visits and telephone consultations are available by appointment. To schedule a home visit or telephone consultation, please call our perinatal nursing team at 781-489-4412 (direct line) or email parentandnewbornsupport@wellesleyma.gov. *Parent & Newborn Support services are confidential and free of charge.*

For more information, please visit our website: <https://www.wellesleyma.gov/2559/Parent-and-Newborn-Support-Services-PNSS>

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