

# Native Meadow Plants for Butterflies, Moths and Other Insects



## Dry Meadow Perennials

*Agastache foeniculum* (Anise hyssop)  
*Allium cernuum* (Nodding onion)  
*Antennaria* spp. (Pussy-toes)  
*Aquilegia canadensis* (Columbine)  
*Aruncus dioicus* (Goats beard)  
*Asclepias* spp. (Milkweed)  
*Ionactis linariifolia* (Flax-leaf white top aster)  
*Baptisia tinctoria* (Yellow wild indigo)  
*Callirhoe* spp. (Poppy mallow)  
*Campanula rotundifolia* (Thread-leaf bellflower)  
*Chrysopsis villosa* (Golden hairy aster)  
*Coreopsis verticillata* (Tickseed)  
*Dicentra* spp. (Bleeding heart)  
*Echinacea* spp. (Coneflower)  
*Eryngium yuccifolium* (False Yucca)  
*Geranium maculatum* (Wild geranium)  
*Helianthus mollis* (Sunflower)  
*Heliopsis helianthoides* (Oxeye)  
*Lupinus perennis* (Sundial lupine)  
*Monarda punctata* (Horsemint)  
*Opuntia humifusa* (Eastern prickly pear)  
*Penstemon digitalis* (Foxglove beardtongue)  
*Pycnanthemum tenuifolium* (Narrow leaf mountain mint)  
*Ratibida* spp. (Mexican hat)  
*Rudbeckia* spp. (Black-eyed Susan)  
*Solidago* spp. (Goldenrod)  
*Vernonia letermannii* (Ironweed)  
*Viola pedata* (Birds foot violet)

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## Moist Meadow Perennials

- Amsonia* spp. (Blue star)
- Asclepias incarnata* (Swamp milkweed)
- Boltonia asteroides* (False aster)
- Chelone glabra* (White turtlehead)
- Conradina verticillata* (False rosemary)
- Eutrochium* spp. (Joe-Pye weed)
- Filipendula rubra* (Queen of the prairie)
- Gentiana clausa* (Bottle gentian)
- Liatris novae-angliae* (New England blazing star)
- Liatris spicata* (Gayfeather)
- Lobelia* spp. (Lobelia)
- Marshallia grandiflora* (Barbara's buttons)
- Monarda didyma* (Scarlet bee balm)
- Monarda fistulosa* (Wild bergamot)
- Phlox paniculata* (Tall phlox)
- Physostegia virginiana* (Obedient plant)
- Polemonium* spp. (Jacob's ladder)
- Pycnanthemum muticum* (Broad-leaf mountain mint)
- Scutellaria* spp. (Skullcap)
- Symphyotrichum* spp. (Aster)
- Vernonia noveborensis* (New York ironweed)